

Breast Cancer Specific Information

Organization	Description	Website	Other Contact	Notes
American Cancer Society	Breast cancer information covering all types of issues, risk through treatment issues	www.cancer.org	1-800-ACS-2345	Asian, Spanish & English Information
American Society of Clinical Oncology	Patient guide from physicians who are members of this group	www.asco.org/plwc/external_files/BreastC-PatGuide.pdf		
Asian American Network for Cancer Awareness, Research and Training	Breast cancer information in Asian languages	www.aancart.org/		Chinese, Korean, Tagalog, and Vietnamese Information
Better Health Foundation	Comprehensive regional listing of all types of breast cancer services	www.betterhealthfoundation.org	510-444-5096	
Breast Cancer.Net	Features articles about treatment and support	www.breastcancer.net/		
CancerNet	National Cancer Institute site with treatment information, clinical trials, research and literature	http://cancernet.nci.nih.gov/cancertopics/types/breast		
Cancer Survivor Network	Offshoot of American Cancer Society specific to issues of people who have had cancer	www.acscsn.org		Chinese, Spanish and English Information
Celebrating Life	Site for African American women with breast cancer	www.celebratinglife.org		Vietnamese, Chinese & Khmer information

Breast Cancer Specific Information (cont.)

Organization	Description	Website	Other Contact	Notes
Cure Breast Cancer	News, treatment information, patient stories	www.curebreastcancer.org		
EthnoMed	Ethnic medicine information	http://ethnomed.org/ethnomed/patient_ed/index.html#breast		Vietnamese, Chinese & Khmer information
Gillette Cancer Connection	Good site for newly diagnosed women. Information for partners and family members, too.	www.gillettecancerconnect.org/women		
Health A-Z	Articles on all aspects of breast cancer	www.healthatoz.com/healthatoz/Atoz/dc/cen/canc/brca/breastindex.jsp		
Imaginis	In depth information on all aspects of breast cancer	www.imaginis.com		
John Nick Foundation	Information on male breast cancer	www.johnwnickfoundation.org/malebreastcancer.html		
Living Beyond Breast Cancer	Newsletter, information on quality of life	www.lbbc.org/default.html		
MAMM Magazine	Magazine devoted to breast cancer issues	www.mamm.com		
MD Anderson Cancer Center	Up to date information and news	www.mdanderson.org/diseases/breastcancer/		
Medline Plus	Health information from the Library of Medicine and National Institute of Health	www.medlineplus.gov		

Breast Cancer Specific Information *(cont.)*

Organization	Description	Website	Other Contact	Notes
National Comprehensive Cancer Network	• Treatment guidelines, supportive care	• www.nccn.org/patients/patient_gls.asp	•	• Spanish & English information
National Cancer Institute	• Treatment information, literature, statistics	• www.nci.nih.gov/cancertopics/types/breast	• Complementary and alternative medicine information • www.nccam.nih.gov	• Spanish & English information
Susan G. Komen Foundation	• Informative guide to treatment	• www.komen.org	• Local chapter	•
Susan Love MD	• Diverse collection of information and resources	• www.susanlovemd.org	•	•
UCSF Breast Care Center	• Easy to understand descriptions and explanations of treatments and procedures	• www.ucsfbreastcarecenter.org	•	•
Y-me	• Information and support, founded by breast cancer patients	• www.y-me.org	•	• Spanish & English information

General Cancer and Medical Information

Organization	Description	Website	Other Contact	Notes
Adjuvant Therapy.com	Information about therapy choices	www.adjuvantonline.com		
American Cancer Society	General cancer information	www.cancer.org		Asian, Spanish & English Information
American Cancer Society	Complementary and alternative medicine guide	www.cancer.org/docroot/ETO/ETO_5.asp?sitearea=ETO		
Cancerlinks	Comprehensive links to cancer sites	www.cancerlinks.com		
Cancer Hope Network	Matching patients and/or family members with trained volunteers throughout the US who have recovered from similar cancer experiences	www.cancerhopenetwork.org/		
Charlotte Maxwell Complementary Clinic	Complementary and alternative medicine clinic	www.charlottemaxwell.org		
Female Health Links	Women's health care	www.femalehealthlinks.com/		
Healthwise	On line medical library and medical news	www.sutterhealth.org/health		Spanish & English information
Lesbian Health Resource Center	Information with a Lesbian community focus	www.lesbianhealthinfo.org/	3333 California St. #340 San Francisco, 94118 415-502-5209	

General Cancer and Medical Information *(cont.)*

Organization	Description	Website	Other Contact	Notes
Lymphnet	National Lymphedema Network	www.lymphnet.org		
MD Anderson	University of Texas site on complementary and integrative medicine	www.mdanderson.org/topics/complementary/		
Memorial Sloan Kettering Medical Center	Guide to herbal medicines	www.mskcc.org/mskcc/html/11570.cfm		
Noah Health	New York online access to health	www.noah-health.org/en/cancer/		Spanish & English information
Northern California Cancer Center Resource Guide	Resource guides and fact sheets	www.nccc.org		
Oncolink	University of Pennsylvania site	www.oncolink.upenn.edu/search/search.cfm		
Oncology Nursing Society	Patient and family information	www.ons.org/patientEd/		
PubMed	National Library of Medicine search engine for literature	www.pubmedcentral.nih.gov/		
WebMD	Source of general information	www.webmd.com/		

Research Information

Organization	Description	Website	Other Contact	Notes
Bay Area Tumor Institute (BATI)	Organization whose focus is research, resources and education	www.bati.org/protocols/fast_facts_1.html		
Cancer Portfolio	Collaborative site of UK and US researchers	www.cancerportfolio.org		
Center Watch	Listing of clinical trials	www.centerwatch.com/patient/studies/cat29.html		
Lance Armstrong Foundation	Tools and information regarding all cancers and current research	www.lancearmstrong.com/		
National Cancer Institute	Treatment information, literature, statistics	www.nci.nih.gov/cancertopics/types/breast		Spanish & English information
Steve Dunn's Cancer Guide	Patient perspective	http://cancerguide.org/pros_cons.html		

Shop Listings

Organization	Address	Website	Other Contact	Notes
Imaginis		http://imaginis.com/breasthealth/breast_prostheses.asp		
Liberator Medical Supply		www.liberatormedical.com	1-800-755-7880	Bras, prostheses, swimsuits, other medical supplies
A Mastectomy Shop	University of Pennsylvania site	www.mastectomy.net	1-888-966-7068	Bras, prostheses, swimsuits
Nordstrom		http://about.nordstrom.com/promos/prosthesis_program.asp?origin=srcontent	1-888-282-6060	

Emotional Support

Organization	Description	Website	Other Contact	Notes
Cancer Supportive Care	Online version of UCSF oncologist, Dr. Ernest Rosenbaum's book of the same name	www.cancersupportivecare.com		
The Wellness Community	Bay Area cancer focused agency that specializes in psychological services, particularly support groups	www.thewellnesscommunity.org/default.asp	925-933-0107	
Women's Cancer Resource Center	An Oakland based organization that empowers women with cancer to be active and informed consumers and survivors	www.wcrc.org	510-420-7900	Spanish & English information

Recommended Reading

Title	Author/Publisher	Description
Be a Survivor – Your Guide to Breast Cancer Treatment	· Vladimir Lange, MD · Lange Productions ·	· General descriptions of different types of treatment ·
Dr. Susan Love’s Breast Cancer Book	· Susan Love, MD · Addison-Wesley ·	· Excellent guide to the understanding of breast cancer diagnosis and treatment ·
Breast Cancer Survivor Manual	· John Link, MD · Henry Holt and Co. ·	· · ·
Can I Still Kiss You – Answering Children’s Questions About Cancer	· Neil Russell · Health Communications ·	· · ·
Celebrating Life: African American Women Speak Out About Breast Cancer	· Sylvia Dunnavent · Usfi Publishing ·	· · ·
Chinese Guide to Breast Cancer	· Chinatown Public Health Center ·	· Call for a free copy 415-705-8545 ·
Choices in Healing: Integrating the Best of Conventional and Complementary Approaches to Cancer	· Michael Lerner · MIT Press ·	· · ·
Everyone’s Guide to Cancer Therapy: How Cancer is Diagnosed, Treated and Managed Day to Day	· Malin Dollinger and Ernest Rosenbaum, MD · Andrews McMeel Publishing ·	· · ·
Healing, A Woman’s Guide to Lumpectomy and Radiation Therapy	· Rosalind Benedet, NP, MSN and Mark C. Rounsaville, MD · Ask for a copy from your provider ·	· · ·
Healing, A Woman’s Guide to Recovery after Mastectomy	· Rosalind Benedet, NP, MSN · Ask for a copy from your provider ·	· · ·
Helping Your Mate Face Breast Cancer: Tips for Becoming an Effective Support Partner for the One You Love During the Breast Cancer Experience	· Judy C. Kneece · Educare, Inc. ·	· · ·

Recommended Reading (cont.)		
Title	Author/Publisher	Description
Imaginis Booklist	· www.imaginis.com/bookstore/	· Extensive listing including those listed above
Joy is a Plum Colored Acrobat	· Wendy Burton · Harmony Books	· Describes visualizations that author used during treatment
Just Get Me Through This: The Practical Guide to Breast Cancer	· Deborah A. Cohen, Robert M., MD Geldfand · Kensington Publishing Corporation	· Practical guide to all aspects of breast cancer
Managing the Side Effects of Chemotherapy and Radiation Therapy	· Marilyn Dodd, RN, PhD · UCSF Nursing Press	·
Friend to Friend	· www.friend2friend.org	· Order books by phone 415-353-7776
Breast Cancer Beyond Convention- The World's Foremost Authorities on Complementary and Alternative Medicine Offer Advice on Healing	· Mary Tagliaferi, MD, Isaac Cohen, Lac, Debu Tripathy, MD · Andy Murcia, Bob Stewart · St. Martin's Press	· Subtitled, "When the woman you love has breast cancer"
Reconstructing Aphrodite	· Terry Lorant, Loren Eskenazi, MD, Susan Love, MD · Verve Editions	· Photographic essay with women who have had breast reconstruction, descriptions of the different types of procedures
The Race is Run One Step at a Time	· Nancy Brinker · Summit Publishing Group	· Founder of the Susan G. Komen Foundation talks about her experience
The Well-Informed Patient's Guide to Breast Reconstruction.	· Gregory P. Reece, M.D, Editor	· Compilation of information regarding breast reconstruction. CD rom is available also.
When Life Becomes Precious: The Essential Guide for Patients, Loved Ones, and Friends of Those Facing Serious Illnesses	· Elise Babcock · Bantam Books	·

Your Health Care Contact Information

Resource	Department	Phone Number
Hospital	•••••	•••••
Cancer Center	•••••	•••••
Cancer Prevention and Education Center	•••••	•••••
Radiation Oncology	•••••	•••••
Billing	•••••	•••••
Dietician	•••••	•••••
Disability	•••••	•••••
Libraries	•••••	•••••
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Medical Records	•••••	•••••
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